

Lacrosse CAMP

Instruction by Oak Hills Lacrosse Coach Mike O'Connor!



When: Saturday, August 18

Time: 10am - 1pm

Where: River's Edge

Cost: \$35 (includes t-shirt)

Grades: 3rd - 9th

- designed for beginner player **or** player who has 1 year + experience with age appropriate drills and games
- instruction in the skills and techniques for throwing, catching, cradling, shooting, ground balls, offensive and defensive skills, shooting, and basic concepts of the game
- designed to develop skill and lacrosse knowledge in an atmosphere that promotes learning, competition and fun

Participants must bring lacrosse stick and water bottle. (Optional: goggles, mouth guard, cleats)

REGISTRATION

Name _____ Boy Girl

School _____ Grade _____ T-shirt size: **YM YL AS AM AL**

Address _____ City/State/Zip _____

Phone _____ Cell _____ Email _____

COST: \$35 Cash or check only. Please make checks payable to River's Edge.
No refunds unless camp is cancelled. Space is limited.

RiversEdgeIndoor.com
RIVER'S EDGE INDOOR SPORTS

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